Snow Crab
Chionoecetes opilio
Snow Crab

Sweet, succulent, firm, and white as snow – wild-caught, 100% natural. Captain Dan’s Snow Crab clusters and legs are a favourite of seafood lovers around the world. Quality – it’s what we catch, it’s what we sell.

Nutrition Facts
Serving Size 100 g
Serving Per Container

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>Calories</th>
<th>Calories from Fat 10</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>90</td>
<td>% Daily Value*</td>
</tr>
<tr>
<td>Total Fat</td>
<td>1g</td>
<td>2%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>60mg</td>
<td>20%</td>
</tr>
<tr>
<td>Sodium</td>
<td>530mg</td>
<td>22%</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Sugar</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Protein</td>
<td>19g</td>
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</tr>
</tbody>
</table>

Vitamin A 2% · Vitamin C 8%
Calcium 4% · Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

- Calories: 1,000 2,000
- Total Fat: 20g 65g
- Saturated Fat: 5g 20g
- Cholesterol: 300mg 1,000mg
- Sodium: 2,400mg 2,400mg
- Total Carbohydrate: 25g 300g
- Dietary Fiber: 5g 25g

Snow Crab
Mastered in 30 lbs and 24 lbs Packaging

30 lbs
- Sections 4+ oz
- Sections 5-8 oz
- Sections 8-10 oz
- Sections 10+ oz
- Sections 12+ oz

24 lbs (12 x 2 lbs)
- Small Cocktail Claws
- Medium Cocktail Claws
- Large Cocktail Claws
- X-Large Cocktail Claws
- Jumbo Cocktail Claws

30 lbs (6 x 5 lbs)
- Combo Meat (30/70)
- Salad Meat

Salmon

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